

בס"ד

קדשים 5768

19:32 Before the hoary head rise up

מפני שבה תקום

and honor the face of the old man

והדרת פני זקן

Kitzur Shulchan Aruch 144:2:

It's a (positive) commandment to rise before the hoary head

וכן מצוה לקום מפני שיבה

that is, a seventy year old.

דהינו בן שבעים שנה

In Pirkei Avot 5:24, Yehudah ben Tema says:

the man of seventy to venerable old age

בן שבעים לשיבה

and eighty to strength לגבורה

Psalms 90:10 tell us:

The days of our years are seventy years – but we also wish someone on their birthday:

upto 120 עד מאה ועשרים

How can we reconcile these two statements ?

Rashi explains that there are two types of people.

Those who will live upto 70 or thereabouts and those who will live much longer, upto 120, because they have strength גבורה

מזל טוב