

Verse 14:34 discusses what happens after the Israelites go into the land of Israel and may find a plague נגף in their house.

They have to take everything out of the house then strip the walls where the plague shows.

Rashi explains that the previous inhabitants, the Canaanites, had hidden their treasures in the walls of the houses before fleeing the invading Israelites.

Thus the plague, sent by Hashem, was not a bad thing but actually good since it enabled them to find these hidden treasures.

The Midrash gives another reason.

If the owner of the house is miserly and when people come to him and ask if they can borrow tools or utensils, the miser says that he doesn't have such a thing.

Hashem then sends the plague on the miser's house and he has to take out everything he has, then all can see that he does have.
Hopefully this will shame him into changing his ways.

The same applies today, you may try to hide any bad actions you did or wrong traits you have, but sooner or later they will come out !